

Dear \_\_\_\_\_ (Wellness Contact)

My name is, \_\_\_\_\_ (name) and I am contacting you to schedule a wellness coaching visit. Your district has been selected to receive a wellness coaching visit because of the scheduled Administrative Review this school year. Wellness coaching is funded by a grant from the Kansas Health Foundation to assist schools in developing and implementing local wellness policies.

The coaching session can typically be completed in approximately two hours. The most productive wellness coaching sessions include members from the wellness committee. We will be discussing the implementation of your local wellness policies and how those policies are made available to the public. We will also discuss how your wellness committee is obtaining input and involvement from a variety of stakeholders.

If you have specific questions or concerns regarding wellness policies, please send me those in advance of the wellness coaching session so I can provide your wellness committee with possible options and resources. Also let me know if there are specific areas of wellness policy that the committee would like to discuss.

My contact information is \_\_\_\_\_. Thank you for your commitment to creating healthy school environments for the students of Kansas.

(name)